

House Resolution 117 - Introduced

HOUSE RESOLUTION NO. 117

BY MASCHER

1 A Resolution urging Congress to require nutritional
2 quality and options for school meals.

3 WHEREAS, the Richard B. Russell National School
4 Lunch Act and the Child Nutrition Act of 1966 were
5 enacted to safeguard the health and well-being of the
6 nation's children; and

7 WHEREAS, a disproportionate rise in indicators of
8 poor health among children is linked to diet; and

9 WHEREAS, a significant percentage of low-income
10 children are considered at risk for obesity and
11 diet-related degenerative diseases; and

12 WHEREAS, the American Academy of Pediatrics,
13 the American Cancer Society, the American Dietetic
14 Association, the American Diabetes Association, the
15 American Heart Association, the Institute of Medicine,
16 the United States Department of Agriculture (USDA), and
17 the National Institutes of Health recommend high fiber
18 foods, including fruits, vegetables, whole grains,
19 and legumes, all of which contain fiber and essential
20 nutrients, vitamins, and minerals, are low in fat and
21 calories, and contain no cholesterol; NOW THEREFORE,

22 BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES,
23 That the House of Representatives respectfully urges
24 the Congress of the United States to require healthful
25 options for students participating in meal service
26 programs authorized under the Richard B. Russell
27 National School Lunch Act and the Child Nutrition Act
28 of 1966; and

1 BE IT FURTHER RESOLVED, That the House of
2 Representatives respectfully urges the Congress of the
3 United States to require the USDA to make available
4 a greater variety of fresh and frozen produce,
5 legumes, whole grains, nuts, and seeds throughout
6 the commodities program that serves schools and
7 children; and

8 BE IT FURTHER RESOLVED, That the appropriate state
9 agencies and the Chief of the Bureau of Nutrition,
10 Health and Transportation Services are encouraged to
11 develop nutritionally sound school meal menus; and

12 BE IT FURTHER RESOLVED, That the Chief Clerk of
13 the House of Representatives transmit a copy of this
14 resolution to the Speaker of the United States House of
15 Representatives, the members of Iowa's congressional
16 delegation, and the United States Secretary of
17 Agriculture.